

A few years ago, I had the pleasure to hear Vigdis Parkins give a talk about visualization at a women's conference. I was very inspired and diligently packed away the sheet she had provided us to do such visualization. Many years later I remembered my inspiration and as our family was moving to a new location, Afghanistan, and making a new beginning, I decided to unpack this precious tool and put it to good work.

We sat down with my family and drew a picture of the house we would live in and most interestingly wrote down how much money I would be making in the future.

Three years later I found that sheet again and I recognized the house we had drawn, it was exactly the house we were living in, the same shape, size and even the same fruit trees in the yard. Amazing. I learned that by visualizing something and even making a drawing of your dream the universe starts to work on making it happen.

Another thing happened with the salary. My husband pushed me to write down an amount that in my mind would be absolutely impossible for me to make in one month. I wrote \$5,000. I said how is that possible I never made more than \$2,000 a month? But he said, why not dream? So, it was written on the same paper with great doubt in my heart.

So also, three years later I found myself working at the American University of Afghanistan and my salary with all the benefits from working in a danger zone, housing and other benefits, was \$5,000 monthly. At that point my husband said let's make another visualization paper and write \$6,000 monthly. I told him we were being greedy, and it wasn't right. He insisted so I made a new paper and put \$6,000. To my amazement in the next year my salary increased, I received not just a raise but more responsibility, so I was making \$6,000 each month.

What can I say, it works! I really appreciate Vigdis' help in showing me the power of this tool and giving me the courage to try and the way to make it happen. I strongly recommend that you take advantage of any course that Vigdis is offering, I am sure there is a lot for all of us to learn there.

Sincerely,
Marilyn Angelucci
Istanbul, Turkey